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Transition to Adulthood

Funded by ESU 2 and the Nebraska Department of Education & the SE-CIP Grant.



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Transition 101



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Websites

Apps

Grant
Opportunities

Websites & Apps for iPad, iPod & iPhone

ixl.com *IXL This website provides comprehensive, standards-aligned math and language arts practice for K–12.*

mrnussbaum.com *This website aims to create learning applications and interactive materials that help make the learning of K-6 concepts interactive in all subjects.*

Pic Collage *App that allows students to create collages in various formats with their own pictures or pictures from the internet.*

Grants

Autism Society of Nebraska Supporting our Community – Classroom Grant \$75.00 per student
This grant offers funding to be used for Nebraska educators who work with an individual(s) with an Autism Spectrum Disorder. These funds are available for the purchase of classroom supplies, educational toys, sensory items and technology. You can obtain the application at:
www.autismnebraska.org or call 800-580-9279

Circle of Friends- *An inclusion program for all students with disabilities that brings the understanding and acceptance of differences on school campuses and within the community.*
www.circleofriends.org for information. ***<http://www.autismaction.org/resource-center/educators/social-skills-programs-in-nebraska-schools/>*** for application and deadlines.





Ten Tips That May Help Your Child's Transition to Adulthood

Facts from: www.PACER.org PACER CENTER Champions for Children with Disabilities. 8161 Normandale Blvd, Minneapolis, MN 55437

- **Develop self-determination and self-advocacy skills.** It is important for young adults to have knowledge about themselves and their skills.
- **Expand social and community support networks.** Start now to develop helpful social and community support networks for your child.
- **Build a work resume.** By taking part in a variety of community activities young adults can develop employment and social skills while building a resume and increasing their network of potential employers.
- **Learn “soft” employment skills.** These include things such as being able to accept direction, return from breaks on time, deal with conflict, have the confidence to make decisions, and engage in appropriate personal communication.
- **Connect with adult service providers.** Contact the necessary governmental programs, such as vocational rehabilitation services, developmental disabilities administration, public mental health services, supplemental security benefits.
- **Practice money management skills.** Students need self-determination skills developed through saving, spending, gift giving, and budgeting.
- **Explore housing options.** Students may live in family homes, residential housing, a dormitory at an educational institution, an apartment with or without roommates, or they may own a home.
- **Plan for health care needs.** Young adults need to manage their health care, prescription drug use, and insurance issues.
- **Visit postsecondary training and education programs.** Call or visit one of the state colleges, universities, technical schools, certificate programs or other schools and ask for a tour. Include a meeting with the school's Disability Service office to find out how to document your student's disability and to inquire about what accommodations are available.
- **Prepare for change.** Help the student develop self-determination and self-advocacy skills important for adult life.

Nebraska Career Education Model ~ Career Clusters

Career Cluster Focus: Manufacturing

www.nebraskacareerconnections.org



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High School Diploma On-the-Job Training	Certificate/ License	Associate's Degree	Bachelor's Degree	Master's/ Doctoral Professional Degree
Heavy Equipment Operation	Truck Driving	Environmental Engineering Technology	Biomedical Technology	Environmental Biology
Material Handling	Electronics Technology	Environmental Studies	Manufacturing Technology	Environmental Studies
Machine Technology	Industrial Mechanics	Occupational Safety and Health	Computer Engineering	Logistics and Materials Management
Construction Trades	Welding	Diesel Technology	Civil Engineering	Architecture
Iron Working	Quality Control Technology	Manufacturing Technology		
Precision Production		Architectural Engineering Technology		
Woodworking		Automotive Engineering Technology		
Custodial Services		Drafting & Design Technology		



Information from:

PACER CENTER
www.PACER.org

Parent Information

1. The facts: Students with disabilities are much more likely to be bullied than their nondisabled peers.
2. Bullying affects a student's ability to learn.
3. The definition: Bullying based on a student's disability may be considered harassment.
4. The Federal Laws-Disability harassment is a civil rights issue.
5. The State Laws-Students with disabilities have legal rights when they are the target of bullying.
6. The adult response is important.
7. The resources-Students with disabilities have resources that are specifically designed for their situation.
8. The Power of Bystanders- More than 50% of bullying situations stop when a peer intervenes.
9. Self-advocacy is important
10. The student is not alone.

Goodwill

Serving Eastern Nebraska and Southwest Iowa



Started in 1965, Goodwill's Work Experience Program provides hands-on training in a competitive employment setting for high school aged students with disabilities. Participants involved in this program have opportunities to work in retail, production, clerical, custodial, and commercial contracts areas, rotating to various jobs throughout their school year. Work Experience participants are paid minimum wage while in the program. The retail arm of Goodwill provides valuable assistance by supporting the program, with staff working alongside students to demonstrate tasks, as well as providing good work role models.

Work Experience Trainers develop individualized work goals for each student (i.e. staying on task, following directions, or productivity). In addition, Trainers conduct weekly "staff meetings" with students in order to learn such important work related topics as customer service, attendance, time management, social interaction, stress, anger management, and conflict resolution. Later in the school year, students are also given the opportunity to practice filling out job applications, work on interviewing skills, practice disclosing their disability to an employer, as well as learn about self-advocacy and asking for accommodations. These are all crucial skills to learn for their futures. The Work Experience Program is an opportunity for students not necessarily on an academic path to still earn school credits, gain a work history, and learn appropriate work skills.

The Work Experience Program is proud to be an active promoter of Goodwill's mission. During the 2014-2015 school year, Work Experience is situated at 7 Goodwill locations throughout the Omaha Metro Area and is currently working with 84 students from 16 different school districts. Eligibility requirements include

- Must have an identifiable and documented vocational disadvantaging condition
- Must be 16-21 years of age
- Must be able to independently care for personal needs (with or without the support of a physical care attendant)
- Must be motivated to comply with the program
- Any maladaptive social behavior must be under reasonable control to prevent interference with program/agency operations
- No evidence of violent activity within the last 90 days
- Must have living and transportation accommodations established prior to enrollment
- IQ in excess of 36

For more information on Work Experience, or to schedule a tour, please contact Holly Schwietz at 402-522-7236.



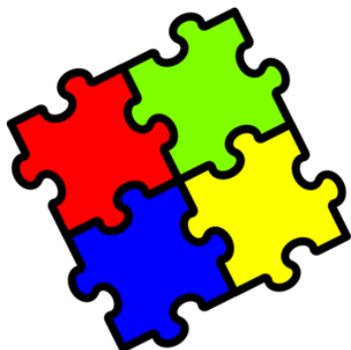
ACT TEST: ACT is committed to serving students with disabilities by providing reasonable accommodations appropriate to the student's diagnosis. ACT has established policies regarding documentation of an applicant's disability and the process for requesting accommodations. For details, see [ACT Policy for Documentation to Support Requests for Test Accommodations](#) on the ACT.

Test Date	Registration Deadline (Late Fee Required)	
December 13, 2014	November 7, 2014	November 8–21, 2014
February 7, 2015*	January 9, 2015	January 10–16, 2015
April 18, 2015	March 13, 2015	March 14–27, 2015
June 13, 2015	May 8, 2015	May 9–22, 2015

Test fee per test option

ACT (No Writing) \$36.50 Includes reports for you, your high school, and up to four college choices (if valid codes are provided when you register).

ACT Plus Writing \$52.50 Includes reports for you, your high school, and up to four college choices (if valid codes are provided when you register). The \$16.00 Writing Test fee is refundable, on written request, if you are absent on test day or switch to the ACT (No Writing) before testing begins.



Save the Date

ASD Network Conference

April 9-10

A Spectrum of Supports

Younes Center Kearney, NE

Autism Trainings:

Contact elewis@esu3.org or visit ESU3's website for more information

ASD 101 Webinar

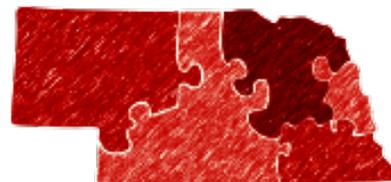
<https://connect.unl.edu/p8dasmmg84/?launcher=false&fcsContent=true&pbMode=normal>

Jill Kuzma “Strategies for Teaching Social/Emotional Learning Skills”

February 26th, 2015 ESU 7, 2657 44th Ave. Columbus, NE 9:00 to 3:00 Cost: \$15 (meal provided)

Participants will learn about perspective taking, conversation skills, sportsmanship, personal space, impulse control/dealing with distractions and handling explosive emotions.

2014-2015 Webinar Series



For more information please visit: <http://www.unl.edu/asdnetwork>

Click on Survey monkey link to complete registration for each webinar

All webinars are scheduled from: 3:00 p.m. to 3:45 p.m. and 4:00 p.m. to 4:45 p.m.

November 12 & 13

Two Part Series:

Part 1 - ASD & Literacy, Presented by Pam Williamson Ph.D. & Christina Carnahan, Ed.D

<https://www.surveymonkey.com/s/N7YW5HL>

Part 2 – ADS & Literacy, Presented by Pam Williamson Ph.D. & Christina Carnahan, Ed.D

<https://www.surveymonkey.com/s/N72LP3N>

December 3

Equipping Schools to Train Paraeducators, presented by Lee Stickle, M.S. Ed.

<https://www.surveymonkey.com/s/N7NCVCB>

December 10

Functional Activities, presented by Lindy McDaniel, M.S. Ed.

<https://www.surveymonkey.com/s/N7NN8BM>

January 14

Including Students with ASD in General Education Classrooms, Presented by Teri McGill, M.S. Ed.

<https://www.surveymonkey.com/s/N7FYZ37>

ENTC (Eastern Nebraska Transition Conference)

**Eastern Nebraska
Transition Conference**

Northeast Community College ~ Norfolk, NE December 2nd, 2014

Registration due Nov. 1st ~ If questions, please contact Amy Slama (ESU 7) at 402-564-0815 ext. 1027

Metro Community College ~ South Campus Omaha, NE March 4th, 2015

Registration will be emailed out this month – Registration deadline is January 17th, 2015 or when capacity limits are met.