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Transition to Adulthood



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Transition 101



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Websites

Apps

Grant
Opportunities

Websites & Apps for iPad, iPod & iPhone

<http://www.studygs.net/>

This web site contains resources for different content areas, as well as ways to work through different educational environments. Permission is granted to freely copy, adapt & distribute individual study guides in print format in noncommercial educational settings that benefit learners.

<http://how-to-study.com/>

This web site has a wealth of information for parents, students & teachers. Information pertaining to test taking is provided. Also there are general and specific tips for ACT and SAT test taking, multiple-choice and true/false tests, essay tests & coping with test anxiety.

123D Catch *Take up to 40 photos with your iPhone or iPad, convert them into a realistic 3D model that you can view, share and download. This app is Free!*

TourWrist *Travel anywhere in the world and see what it looks like – has won many awards! It's Free!*

Grants

Autism Society of Nebraska Supporting our Community – Classroom Grant **\$75.00 per student**

This grant offers funding to be used for Nebraska educators who work with an individual(s) with an Autism Spectrum Disorder. These funds are available for the purchase of classroom supplies, educational toys, sensory items and technology. You can obtain the application at: www.autismnebraska.org or call 800-580-9279





Interesting Facts about Graduates vs. Drop Outs

Facts from: www.americangraduate.org/learn/get-the-facts.html
The facts are provided by Corporation of Public Broadcasting,
America's Promise Alliance & the Bill & Melinda Gates Foundation

- High School graduates are more likely to work, vote and volunteer.
- High School graduates generate increased national income and tax revenues and decreased demand for social services and crime.
- High School graduates are less likely to engage in criminal behavior. Dropouts are up to 6 times more likely than high school graduates to report every having been arrested.
- College graduates earn at least \$1 million more over their lifetimes than high school dropouts.
- High school graduates are 3 times less likely to live in poverty than those who did not graduate.
- High school dropouts are more likely to face unemployment, by rates of 10 percentage points or higher than those who have graduated.
- High school dropouts are unqualified to serve in the armed forces and many potential recruits do not know enough math, science and English to perform well on the mandatory Armed Services Vocational Aptitude Battery (ASVAB).
- Dropouts are less likely to participate in volunteerism and community service with a 55 percent drop in participation over the last 30 years.
- High school graduates have a higher life expectancy than dropouts by 9 years.

Nebraska Career Education Model ~ Career Clusters

Career Cluster Focus: Law, Public Safety, Corrections and Security

www.nebraskacareerconnections.org

The law, Public Safety, Corrections & Security Cluster helps prepare students for careers in planning, managing & providing legal, public safety, protective services & homeland security, including professional & technical support services.

Correction Services workers are responsible for overseeing individuals who have been arrested and are awaiting trial or who have been convicted of a crime and sentenced to serve time in a jail, reformatory or penitentiary. While the primary mission of corrections is protection of the public, many in their field are involved with the treatment, education and reintegration of offenders.

Career Examples include:

- Jail Administrator
- Warden
- Program Counselor
- Probation/Parole Officer
- Correctional Officer/Jailer

Security and Protective Services workers often work in public buildings protecting property by inspecting people & packages entering & leaving the building.

Career Examples include:

- Armored Car Guard
- Private Investigator
- Security Guard
- Systems Designer
- Security Officer/Director

Legal Services workers affect nearly every aspect of our society. Workers in the Legal Services pathway form the backbone of this vital system, linking it to society in many ways. For this reason, they hold positions of great responsibility and are obligated to adhere to a strict code of ethics.

Career Examples include:

- Investigator
- Attorney
- Judge & Magistrates
- Legal Assistant/Paralegal
- Mediator/Arbitrator

Emergency & Fire Management Services workers help protect the public by rapidly responding to a variety of emergencies. They may be called upon to put out a fire, treat injuries or perform other vital functions.

Career Examples include:

- Fire Fighter/Inspector
- Dispatcher
- Rescue Worker
- Training Officer
- Emergency Management Specialist

Law Enforcement Services workers protect lives & property. Law enforcement officers have duties that range from controlling traffic to preventing & investigating crimes. They maintain order; enforce laws & ordinances; issue traffic summonses; investigate accidents; present evidence in court; serve legal documents for the court system; & apprehend, arrest & process prisoners.

Career Examples include:

- Dispatcher
- Park Ranger
- Police Officer/Sheriff
- Private Investigator
- Criminal Investigator/Detective



Information from:
Disability Studies Quarterly

The Parent's Role

There is a need for parents to be equal partners in the transition programming of their disabled child. Parents play a crucial role in the lives of their disabled children even after their son or daughter has made the transition to adulthood. Parents have a role to play in ensuring that the rights mandated to their disabled children by Federal law are made available to them. Parents can assist in making sure their children understand the services available to them after they leave school.

Transition into adulthood is a stressful time for parents of disabled youth, as they are unaccustomed to change. Their children for the most part experienced a rather consistent developmental pattern and school programming sequence. The transition to adulthood challenges that consistency & worries regarding their child's security & safety become key issues. As a result, many parents may prefer to maintain the status quo & resist programming that makes their child potentially vulnerable to the outside world.

Parents play an integral part in the lives of their disabled children. Parents do impact the success of the transitional process & continue to play a major role in the life of their adult son or daughter. Transitional success is less likely

without their participation. Parents continue to have an influence on their disabled children even after the child's transition to adulthood. Parents have a significant role to play in assuring that the rights mandated by law are provided to their children. The severity of the child's disability will influence the degree of advocacy the parent needs to assume.

It is the parents that can guide, encourage & empower their disabled child to take an active role in the transition program. Parents are essential in helping their disabled child identify life & career goals & in providing the opportunities to attain those goals. Parents can identify friends, family & community members who can provide information helpful in transition planning as well as assume an active role as part of the transition team. Parents serve as primary mediators between the school & community. It is the parents who can facilitate the procurement of identification cards, Social Security funds & transportation passes for their child. Parents play a central role in seeking assistance from community & residential services. Parents can provide an environment where their disabled child can try out adult roles, responsibilities & work experiences.

Additionally, parents are the key persons for developing any long-term planning for their disabled child, which may include such concepts as long-term financial support, trust funds & other supports.



Nebraska VR

Nebraska VR
<http://vr.nebraska.gov>
 402-471-3644
 Toll-free 1-877-637-4422



What is Nebraska VR (Vocational Rehabilitation)? Nebraska VR, previously known as Voc. Rehab, is an employment program for people who experience a disability. Everything Nebraska VR does and all of the services it provides are for the purpose of helping people with disabilities prepare for, find and/or keep a job. The program is voluntary and the services provided are specific to the person's needs. Nebraska VR works with people as long as needed to help them find a job.

How are Nebraska VR services paid for? Nebraska VR is a state-federal vocational rehabilitation program that operates in all 50 states. It is paid for through Federal and State money. Federal dollars pay for 78.7 percent and State dollars pay for 21.3 percent. Every \$1.00 appropriated for Vocational Rehabilitation by the Unicameral earns \$3.69 Federal funding and yields \$4.69 in services to Nebraskans with disabilities.

What services are available through Nebraska VR? Nebraska VR provides individualized services to help people prepare for, find and keep a job. Services to eligible individuals with disabilities are provided directly by local service office staff and through a network of approved vendors. Once an individual is determined eligible for Nebraska VR services a VR Counselor will help to develop an Individual Plan for Employment or IPE.

The IPE includes: *the person's job goal; *when he or she expects to reach the job goal; *all the services a person needs to reach his or her job goal and who will provide those services; and a statement about who will pay. For example, a person receiving Nebraska VR services may be asked to help pay for the cost of some services if he or she can.

How many people receive Nebraska VR services in Nebraska? Approximately 6000 people receive Nebraska VR services each year. In 2012, 375 individuals with intellectual and/or developmental disabilities received services.

How do people become eligible for Nebraska VR services? To be eligible for vocational rehabilitation services, a person must have the following:

- **Impairment:** A person must have a diagnosed impairment. Another word for this is disability. This could be some type of physical, mental, emotional or learning disability.
- **Impediment to employment:** Nebraska VR must be able to show that the impairment has caused the person some problems in past employment, current employment or would cause some problems preparing for and getting employment in the future.
- **Benefit:** Nebraska VR must be able to show VR services would help the person obtain successful employment.
- **Require services:** Nebraska VR must show VR services are needed for the person to reach successful employment.

Eligibility requirements are applied without regard to gender, race, age, color, or national origin. There is no upper or lower age limit for any person who otherwise meets the basic eligibility criteria. The person must be present in the State of Nebraska and be a US citizen, a permanent resident that possesses an Alien Registration Card (Green Card), or a non-citizen who is authorized to work by the US Department of Homeland Security. Once eligibility has been determined, a Nebraska VR Counselor will help the person determine an appropriate job goal and plan to reach that goal. Together the person and his or her VR Counselor will explore the person's work interests, work values, work preferences, work considerations, training, job skills, job history, and support network.

Upcoming Events

ACT TEST: ACT is committed to serving students with disabilities by providing reasonable accommodations appropriate to the student's diagnosis. ACT has established policies regarding documentation of an applicant's disability and the process for requesting accommodations. For details, see [ACT Policy for Documentation](#) to Support Requests for Test Accommodations on the ACT.

ACT Test Dates:	Registration Date:	(Late Fee Required)
October 26 th	September 27 th	September 28 – October 11, 2013
December 14 th	November 8 th	November 9 – November 22, 2013
February 8 th	January 10 th	January 11 – January 24, 2014
April 12 th	March 7 th	March 8 – March 21, 2014
June 14 th	May 9 th	May 10 – May 23, 2014

Test fee per test option

ACT (No Writing) ~ \$36.50 Includes reports for you, your high school, and up to four college choices

ACT Plus Writing ~ \$52.50 Includes reports for you, your high school, and up to four college choices.



Ben Glenn the Chalk Guy

Oct. 7th, 2013 6:30 pm – 8:00 pm FREE

Autism Center Nebraska ~ 9012 Q Street ~ Omaha, NE

This presentation will inspire parents and students. He talks about his struggles in school with a live art demonstration and memorable message. He is AMAZING!

Registration required at: http://www.surveymonkey.com/s/Ben_Glenn

Or call 402-346-0525

Check out his website for links to see his work: <http://www.simplybenglenn.com/>

Autism Trainings: Contact elewis@esu3.org or visit ESU3's website for more information

Teaching Friend & Romantic Relationship for Teens with ASD

Oct. 4th at ESU 3 8:30 to 3:30 in Omaha Cost \$15.00 (Breakfast & Lunch provided)

What Isn't Autism: How to Identify and Help Children with ASD and Co-Occurring Mental health Issues at Home and School

Nov. 15th at ESU 3 8:30 to 4:00 in Omaha Cost \$10 (Light Breakfast & Lunch provided)